



# Clinical Alliance Services, LLC

## **Postgraduate Social Work Fellowship**

Clinical Alliance Services, LLC offers a two-year Postgraduate Social Work Fellowship for clinical social workers interested in expanding their clinical training in psychodynamic, relational and attachment-based psychotherapy approaches. The Fellowship Program trains social workers in culturally informed, relational psychodynamic treatment approaches. Fellows will learn the basic tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

### **Training Goals**

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

### **Training Opportunities & Responsibilities**

Fellows are responsible for scheduling up to 26 psychotherapy sessions per week, resulting in an average of 20 to 22 sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows receive two hours of weekly individual clinical supervision and 1.5 hours of group clinical supervision with experienced staff clinicians and attend a weekly clinical seminar with Advanced Psychology Practicum Trainees. Fellows may opt to apply to complementary training programs offered by community psychoanalytic training institutes, which generally consist of seminars one evening per week and an optional additional hour of weekly supervision. Training in psychodynamic couples' or group psychotherapy may be available during the second year of training. Trainees are required to work five days per week providing both in-person and telehealth psychotherapy services and must be on-site in our Cambridge office one to three days per week.



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## Sample Schedule

- Psychotherapy: Availability to schedule up to 26 sessions per week, resulting in an average of 20 to 22 sessions per week
- Clinical Documentation: Approximately 3.5 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1.5 hours per week
- Practicum Seminar: 1 hour per week
- Meetings with Director(s): 1 to 2 hour(s) per month

## Pay & Benefits

\$40 per hour as a W-2 employee for psychotherapy, clinical documentation, supervision, seminar, case conference and other required meetings. Full benefits include health (BCBS), dental and vision insurance, in addition to four weeks of accrued Paid Time Off (PTO). Fellows become eligible for 401K with employer match after one year of employment.

## Applicant Requirements

Fellowship applicants must attain their M.S.W. by Fellowship start date, have a minimum of one year of adult psychotherapy experience, and plan to take the LCSW exam by October.

## Application Instructions

Email the required application materials to [training@clinicalallianceservices.com](mailto:training@clinicalallianceservices.com) and write “Postgraduate Social Work Fellowship Applicant” in the email subject line. Required application materials include:

1. a cover letter addressing exposure to or experience with psychodynamic, relational and attached-based treatment approaches and the provision of culturally informed care;
2. a curriculum vitae;
3. names and contact information for three references, at least two of whom should be prior or current clinical supervisors; and
4. an official or unofficial copy of graduate transcript.

**Application Deadline:** Applications will be accepted starting January 9<sup>th</sup> with a deadline of March 1<sup>st</sup>. Fellowship offers will be presented on a rolling basis.

**Start Date:** The Postgraduate Social Work Fellowship starts in September with a two-day orientation at the end of August. Applicants who obtain an M.S.W. by May/June have the option of starting the Fellowship position in the summer.

**For Additional Information:** View our website [www.clinicalallianceservices.com](http://www.clinicalallianceservices.com), email [training@clinicalallianceservices.com](mailto:training@clinicalallianceservices.com) or call (617) 307-4470.