



Clinical Alliance Services, LLC

Postgraduate Mental Health Counseling Fellowship

Clinical Alliance Services, LLC offers a two-year Postgraduate Mental Health Counseling Fellowship for Mental Health Counselors interested in expanding their clinical training in psychodynamic, relational and attachment-based psychotherapy approaches. The Fellowship Program trains mental health counselors in culturally informed, relational psychodynamic treatment approaches. Fellows will learn the basic tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

Training Goals

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

Training Opportunities & Responsibilities

Fellows are responsible for scheduling up to 26 psychotherapy sessions per week, resulting in an average of 20 to 22 billable sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows receive two hours of weekly individual clinical supervision and 1.5 hours of group clinical supervision with experienced staff clinicians and attend a weekly Psychodynamic Theory & Practice Seminar alongside Postgraduate Social Work Fellows and Advanced Psychology Practicum Fellows. Fellows may opt to apply to complementary training programs offered by community psychoanalytic training institutes, which generally consist of seminars one evening per week and an optional additional hour of weekly supervision. Training in psychodynamic couples psychotherapy may be available during the second year of training. Trainees are required to work five days per week providing both in-person and telehealth psychotherapy services and must be on-site in our Cambridge office one to three days per week.



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Sample Schedule

- Psychotherapy: Availability to schedule up to 26 sessions per week, resulting in an average of 20 to 22 billable sessions per week
- Clinical Documentation: Approximately 3.5 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1.5 hours per week
- Psychodynamic Theory & Practice Seminar: 1 hour per week
- Meetings with Director(s): 1 to 2 hour(s) per month

Pay & Benefits

\$40 per hour as a W-2 employee for psychotherapy, clinical documentation, supervision, seminar, case conference and other required meetings. Full benefits include health (BCBS), dental and vision insurance, in addition to four weeks of accrued Paid Time Off (PTO). Fellows become eligible for 401K with employer match after one year of employment.

Applicant Requirements

Fellowship applicants must meet the following requirements:

1. Attain an M.A. or M.S. in Mental Health Counseling from a graduate program meeting the Education Requirements of the Board of Allied Mental Health and Human Services Professions for licensure as a Mental Health Counselor by the Fellowship start date;
2. Meet all Pre-Master's Degree Experience Requirements of the Board of Allied Mental Health and Human Services Professions for licensure as a Mental Health Counselor; and
3. Have completed a formal practicum and/or internship in outpatient adult psychotherapy.

Application Instructions

Email the required application materials to training@clinicalallianceservices.com and write "Postgraduate Mental Health Fellowship Applicant" in the email subject line. Required application materials include:

1. a cover letter addressing exposure to or experience with psychodynamic, relational and attached-based treatment approaches and the provision of culturally informed care;
2. a curriculum vitae;
3. names and contact information for three references, at least two of whom should be prior or current clinical supervisors; and
4. an official or unofficial copy of graduate transcript.



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Application Deadline: The 2024-2026 Fellowship application deadline is March 1, 2024.

Start Date: The Postgraduate Mental Health Counseling Fellowship starts in September 2024, with a two-day orientation at the end of August 2024, and ends in August of 2026. Applicants who obtain an M.A. or M.S. in Mental Health Counseling by May or June may have the option of starting the Fellowship in the summer of 2024.

For Additional Information: View our website www.clinicalallianceservices.com, email training@clinicalallianceservices.com or call (617) 307-4470.