



Clinical Alliance Services, LLC

Psychology Postdoctoral Fellowship

Clinical Alliance Services, LLC offers a full-time 12-month Psychology Postdoctoral Fellowship for graduates of APA-accredited doctoral programs in clinical psychology or counseling psychology. Our training program is ideal for applicants interested in psychodynamic, relational and attachment-based psychotherapy approaches, and in working with emerging adults and college students. The Psychology Postdoctoral Fellowship provides training in culturally informed, relational psychodynamic treatment approaches. Fellows will learn the main tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

Training Goals

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

Training Opportunities & Responsibilities

Fellows are responsible for scheduling up to 26 psychotherapy sessions per week, resulting in an average of 20 to 22 billable sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows will receive two hours of individual clinical supervision and 1.5 hours of group clinical supervision each week with experienced staff clinicians. Fellows will also attend a weekly Advanced Psychodynamic Theory & Practice Seminar alongside Advanced Postgraduate Social Work Fellows. Training in psychodynamic couples psychotherapy may also be available. Fellows are required to provide both in-person and telehealth psychotherapy services and be on-site at our Cambridge office at least two days per week.



Clinical Alliance Services, LLC

Sample Schedule

- Psychotherapy: Availability to schedule up to 26 sessions per week, resulting in an average of 20 to 22 billable sessions per week
- Clinical Documentation: Approximately 4 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1.5 hours per week
- Psychodynamic Theory & Practice Seminar: 1.5 hours per week
- Meetings with Directors: 1 to 2 hours per month

Applicant Requirements

Applicants must have completed an APA-accredited internship and received a Ph.D. or Psy.D. from an APA-accredited doctoral program by the Fellowship start date. A minimum of two years of outpatient adult psychotherapy experience is required. While not required, preference will be given to applicants with experience working with emerging adult and college populations.

Application Instructions & Deadline

Email the following required application materials to training@clinicalallianceservices.com and write “Psychology Postdoctoral Fellowship Applicant” in the email subject line:

1. cover letter addressing experience with or exposure to psychodynamic, relational and attached-based treatment approaches and the provision of culturally informed care;
2. curriculum vitae;
3. names and contact information for three references, at least two of whom should be prior or current clinical supervisors; and
4. official or unofficial copy of graduate transcript.

Start & End Date: The Advanced Psychology Practicum Fellowship starts in September, with a two-day orientation at the end of August, and terminates the following August. An earlier start date may be possible for Fellows who complete their APA-accredited internship prior to August.

Vacation & Holidays: Fellows accrue four weeks of Paid Time Off (PTO). The training year includes two prescheduled one-week vacations the weeks of December 23rd and July 1st. Fellows are not expected to work on federal holidays, but are expected to reschedule clients whose regular weekly appointments fall on a federal holiday to an alternate day of the same week.

Pay & Benefits: Fellows receive an annual salary of \$70K. Benefits include health, dental and vision insurance, in addition to four weeks of accrued Paid Time Off (PTO). Fellows become eligible for 401K with employer match after one year of employment.

For Additional Information: View our website www.clinicalallianceservices.com, email training@clinicalallianceservices.com or call (617) 307-4470.