



Clinical Alliance Services, LLC

Advanced Psychology Practicum Fellowship

Clinical Alliance Services, LLC offers a 10-month Advanced Psychology Practicum Fellowship for students enrolled in APA-accredited doctoral programs in clinical psychology or counseling psychology. Our training program is ideal for doctoral students interested in relational psychodynamic and attachment-based psychotherapy approaches, and in working with emerging adults and college students. A time commitment of 24 hours per week is required. The Advanced Psychology Practicum Fellowship provides Fellows with an introduction to culturally informed, relational psychodynamic treatment approaches. Fellows will learn the basic tenets of relational psychodynamic psychotherapy, including the use of self and relationship to facilitate change in psychotherapy. In collaboration with their supervisors and peers, Fellows will learn to actively reflect on the therapeutic process and their role in it, in service of utilizing interventions and developing clinical formulations, as well as tailoring treatment plans for their clients. Fellows will also be encouraged to critically reflect on the impact of their personal identities and experiences, and the broader systems in which these exist, on their clinical work.

Training Goals

Fellows will learn to recognize and understand the:

- influence of the unconscious on their and others' behavior;
- impact of early experience on later development;
- how the current therapeutic relationship is influenced by clients' early relationships;
- benefits and limitations of psychodynamic treatment approaches and when alternative treatment approaches, including specialty treatment or higher levels of care, may be clinically indicated; and
- experience of difference and the impact of oppression on their own lives and the lives of clients, including the ability to reflect on the internal unconscious meanings of these experiences and their impact on both the therapeutic relationship and process.

Training Opportunities & Responsibilities

Fellows are responsible for scheduling up to 15 psychotherapy sessions per week, resulting in an average of 12 billable sessions per week, with clients participating in weekly or twice weekly psychotherapy. Fellows will attend two individual supervision meetings and one group supervision meeting each week with experienced staff clinicians. Fellows will also attend a weekly Psychodynamic Theory & Practice Seminar alongside Postgraduate Social Work and Mental Health Counseling Fellows. Fellows have the option to attend a weekly BIPOC Clinicians Seminar and Consultation Group or White Allyship & Accountability Seminar.



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Sample Schedule

- Psychotherapy: Availability to schedule up to 15 to sessions per week, resulting in an average of 12 billable sessions per week
- Clinical Documentation: Approximately 2 hours per week
- Individual Clinical Supervision: 2 hours per week
- Group Clinical Supervision: 1 to 1.5 hours per week
- Psychodynamic Theory & Practice Seminar: 1.5 hours per week
- BIPOC Clinicians Seminar & Consultation Group or White Clinicians Allyship & Accountability Seminar: 1.5 hours per week
- Administrative Supervision: 1 hour per month

Scheduling Expectations

Fellows are expected to work on Mondays, Wednesdays, and Fridays, with Mondays and Wednesdays designated as on-site workdays in our Cambridge office. Fellows should expect to provide clinical services during one or two evenings per week as part of their regular schedule. Fellows seeking an alternative schedule must communicate this request during the interview so that its feasibility can be considered as part of the selection process. Alternative schedules are subject to CAS approval and cannot be guaranteed. Fellows are expected to maintain sufficient scheduling flexibility to meet clinical, training, and program requirements, as certain required meetings, such as supervision meetings, may need to be scheduled outside of a Fellow's regular three workdays. During weeks that include federal holidays or other scheduling disruptions, required meetings, client appointments, or other responsibilities may also need to be rescheduled and may fall outside a Fellow's regular work hours or usual workdays.

Applicant Requirements

- Completion of at least two clinical practica / externships
- Minimum of one year experience in adult outpatient or college counseling setting

Application Instructions & Deadline

Email the following application materials to training@clinicalallianceservices.com:

1. Cover letter addressing training or exposure to relational psychodynamic and attachment-based treatment approaches and the provision of culturally informed care;
2. Curriculum vitae;
3. Three letters of reference, at least two of which should be clinical supervisors; and
4. Official or unofficial copy of graduate transcript.



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Clinical Alliance Services, LLC follows the recommended application deadlines and notification dates of the Massachusetts Practicum Training Collaborative (see massptc.org). The application due date is posted on the Training page of our website one year in advance of each training year.

Fellowship Start & End Dates

The Fellowship starts the last week of August with orientation and ends 10 months later. Specific start and end dates are posted on the *Training* page of our website one year in advance of each training year.

Stipend, Vacation & Holidays

All Fellows receive a \$10,000 stipend, distributed in biweekly payments over the 10-month training year. Psychology Fellows are provided with 12 days off during the training year. Seven of these 12 days must be used during the program's pre-scheduled two-week vacation, which consists of the two consecutive weeks in which December 25 and January 1 fall. This vacation period may or may not correspond with the winter break of each Fellow's doctoral program. The remaining five days off may be used at other times during the training year, subject to CAS's Paid Time Off (PTO) request and approval procedures.

While Fellows are not expected to work on federal holidays, many federal holidays fall on Mondays, a regular workday for Fellows, so client appointments may need to be rescheduled during those weeks. When a client's regularly scheduled appointment falls on a federal holiday, Fellows are expected, whenever feasible, to offer an alternative appointment time within the same week. This may require Fellows to be available for telehealth appointments on a day outside of their regular work schedule. Fellows should therefore anticipate some scheduling flexibility during weeks that include federal holidays.

For Additional Information: View our website www.clinicalallianceservices.com, email training@clinicalallianceservices.com or call (617) 307-4470.